## Paddle Brome lake 2023

Join Conservation Lac Brome's president and directors on Saturday, August 26, for the third annual Paddle Brome Lake. This year's event has two components, our traditional paddle around the lake and a family-friendly paddle around Eagle Island. If you love to Canoe, Kayak or Paddleboard, this event is for you!

### Around the Lake!

Beginning at Douglass Beach at 7 a.m., the complete circuit is 19 kilometres. The group will stay 10-20 m from shore as we make our way. Paddlers can start at Douglass Beach or join anywhere around the lake.

There is a special feeling when paddling as a group. To make sure that happens this year, we have rallying points around the lake where we will regroup before proceeding together.

Douglass Beach: 7 a.m.

400 Lakeside: 7:45 a.m.

Tiffany Park: 8 a.m.

Ruisseau Quilliams (Hotel Suites Lac-Brome) 8:15 a.m.

Camping Domaine des Érables 8:30 A.M.

#### Paddlers will regroup at this point before proceeding together.

Baie Rock Island Bay, (end of Rock Island Bay) 9:15 A.M.

Domaine Brome: 9:30 a.m. - 9:40 A.M.

Inverness Condos:10 a.m.

#### Paddlers will regroup at this point before proceeding together.

Bondville (Rue Montagne): 10:15 A.M.

Ruisseau Coldbrook: 10:30 A.M.

Pack water, snacks, sun protection, and a picnic to have when we reach Douglass Beach. If necessary, the event will follow any recommended COVID precautions in place at the time.

# Paddle around Eagle Island!

To give families and all paddlers an opportunity to enjoy the fun of a group paddle, we are organizing a paddle around Eagle Island. Leaving Douglass Beach at 12:30, we will paddle around Eagle Island. The Brome Lake Patrouille Nautique will accompany us as we complete the circuit.

Your safety is your responsibility. Wear a life jacket whenever you are on the water. Also, review the Transport Canada human-powered craft safety guidelines:

https://tc.canada.ca/en/marine-transportation/getting-started-safe-boating/operating-human-powered-craft

For planning and logistics, please confirm your participation <a href="here">here</a>. We will send a confirmation update to all registered participants on the morning of the event. If the weather does not cooperate, we will postpone the paddle to Sunday, August 27.